

# Calhoun County Schools

## Breakfast

November 2020

Oct 29, 2020

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Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 2 Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Nov - 3 Cereal Poptart With Fruit Choice With Juice Assorted Milk Choice	Nov - 4 Cinnamon, Minis Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Nov - 5 Poptart Cereal Bar With Juice Assorted With Fruit Choice Milk Choice	Nov - 6 Muffin Cereal Bar With Juice Assorted With Fruit Choice Milk Choice
Nov - 9 Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Nov - 10 Cereal Poptart With Fruit Choice With Juice Assorted Milk Choice	Nov - 11 Veterans' Day	Nov - 12 Poptart Cereal Bar With Juice Assorted With Fruit Choice Milk Choice	Nov - 13 Muffin Cereal Bar With Juice Assorted With Fruit Choice Milk Choice
Nov - 16 Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Nov - 17 Cereal Poptart With Fruit Choice With Juice Assorted Milk Choice	Nov - 18 Cinnamon, Minis Cereal Bar With Fruit Choice With Juice Assorted Milk Choice	Nov - 19 Poptart Cereal Bar With Juice Assorted With Fruit Choice Milk Choice	Nov - 20 Muffin Cereal Bar With Juice Assorted With Fruit Choice Milk Choice
Nov - 23 Thanksgiving Holiday	Nov - 24 Thanksgiving Holiday	Nov - 25 Thanksgiving Holiday	Nov - 26 Thanksgiving Holiday	Nov - 27 Thanksgiving Holiday
Nov - 30 Cereal Cereal Bar With Fruit Choice With Juice Assorted Milk Choice				

Meals must have 1/2 cup fruit or vegetable.  
Menu is subject to change.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**